



Pancreatic Cancer Patient Story Questions

Thank you for helping raise awareness for pancreas disease by sharing your story on pancreatic cancer with the National Pancreas Foundation. It helps patients feel like they are not alone on this journey and creates awareness for this disease.

Please answer as many questions as possible that are relevant. You can view links to other patient stories on our website at <https://pancreasfoundation.org/patientstories>

1. Please provide an introduction of yourself; who you are, where you live, how long you have had pancreatic cancer, etc.?
2. What were your symptoms that made you seek medical attention?
3. What did you think it was initially?
4. Does your family have a history of cancer?
5. What were your thoughts and reaction to your diagnosis?
6. What is your treatment plan? Please include experiences with genetic testing or clinical trials if any.
7. Did you know much about pancreatic cancer before diagnosis?
8. How has your diagnosis impacted your daily life (diet, hospitalization, work/school, lifestyle changes, etc.)?
9. What has been the hardest part of your diagnosis?
10. What did you tell your friends and family, and did they understand?
11. Any illness will take a toll on you mentally and physically. Can you share how your pancreatic cancer affected your mental health?
12. For you personally, what has helped you the most along this journey?
13. How are you feeling now?
14. What piece(s) of advice would you tell patients that are living with pancreatic cancer? (support of family & friends, mental health, support groups, self-care, mindset, diet, etc.)
15. If relevant; How did you and your family learn about the National Pancreas Foundation? How did our resources help you and your family?
16. If possible, can you provide patients with a quote about National Pancreas Foundation.

Tips:

- **Feel free to write your story or record a video on your phone.** If providing a video, please film in landscape and keep video three – four minutes in length.
- Share your experience openly and honestly. This is your personal story.
- You have the option to provide a couple of pictures of yourself and/or family. Please send portrait size when possible.
- You have the option to provide your full name or just your first name.
- Download our story questionnaire for guidance.
- We ask that unless you are a clinician or professional that you do not provide medical advice.
- Feel free to recognize the medical professionals and family members that have supported you on your journey.
- Stories are posted on our website and shared on our social media channels.

With gratitude,
The NPF Family

Patient Story:

Maddie Russo shares her battle with pancreatic cancer.

Video: <https://www.youtube.com/watch?v=Jv5m-ql9CBc>

*vimeo. I have the original video if that is easier to use